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| |  | | --- | | Red Beet Power Smoothie  C:\Users\Jen\AppData\Local\Microsoft\Windows\INetCache\IE\VO1GFJSK\Vinilo_decorativo_gorro_chef_2[1].png  This recipe makes use of Riverside’s farm-fresh beets.  **Ingredients**   * 1 small **red** **beet**, trimmed and peeled * 1 large apple, cored * 1 stalk of celery * 1 cup carrot juice * 1 cup almond milk * 2/3 cup frozen sliced peaches * 1-inch piece of ginger, peeled and sliced   **Directions**   1. Roughly chop beet, apple, and celery.     Photo & Recipe: [healthynibblesandbits.com](https://healthynibblesandbits.com/red-beet-power-smoothie/)   1. Add all ingredients in a blender and mix (@high speed) until smooth. Taste the smoothie and see if the sweetness is to your liking. Feel free to add a little more fruit if you want something sweeter. Serve immediately. You can store smoothie in a jar for up to 2 days. | |
| Photo and recipe: Debi / Simply Beautiful Eating |
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