**Easy Creamed Peas**  
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*This recipe makes use of Riverside’s farm-fresh peas.*



**Ingredients**

* 1/4 cup butter
* 1/4 cup all purpose flour
* 2 cups milk
* 1/2 teaspoon salt
* 4 cups frozen or fresh peas

**Directions**

1. In a medium pot, melt butter. Whisk in flour until smooth.
2. Add milk and cook over medium heat, whisking often, until smooth and thickened. Stir in salt and peas, cooking over medium heat until peas are heated through. Adjust seasonings to taste (salt, and pepper or other herbs or spices if desired).

Yield: 8 servings  
Source: [julieseatsandtreats.com](https://www.julieseatsandtreats.com/easy-creamed-peas-recipe/#_a5y_p=4674894)

